

5110 Availability and Distribution of Healthy Foods to Students 5110

The School District will support the availability and distribution of healthy foods and beverages in all school buildings during the school day.

The school day, in accordance with the Competitive Foods Standards, is defined as midnight prior to the start of school until thirty minutes following the conclusion of the school day*.

Reimbursable meals are defined as food and/or beverages that are distributed/sold to students through the USDA school meals programs for breakfast and lunch.

Competitive foods are defined as ready to eat foods found in vending machines, snack bars, a la carte, fundraisers, school parties, and any other food and/or beverage distributed/sold to students on the school campus during the school day.

The Superintendent/designee is responsible for ensuring that all foods and beverages distributed within the District meet nutritional standards established by state and federal law relative to: (1) nutrient density; (2) portion size; and (3) nutrition targets, as defined in pertinent law.

Exceptions to the Standards:

1. In accordance with the NH Department of Education waiver, Principals may designate a total of nine days throughout the school year in which bake sales may be held during the school day in which foods that are sold are outside the nutrition standards.
2. Principals and teachers will promote the celebrations of holidays and birthdays with foods that meet the nutritional standards through school handbook information, newsletters, and distributions to parents and students.

The Superintendent/designee is responsible for implementing developmentally appropriate opportunities to learn food preparation skills that support nationally recognized research-based nutrition standards. The Superintendent/designee will provide information annually about the policy to the school community.

*Conclusion of School Day for Each School:

High School:	2:12 PM
Sage School:	2:00 PM
Middle School:	2:10 PM
Heron Pond:	3:00 PM
Jacques School:	2:45 PM

References:

7CFR 210.10, Nutrition Standards and Menu Planning Approaches for Lunches And Requirements For Afterschool Snacks.

Ed 306.04(a)(23), Availability and Distribution of Healthy Foods.

Ed 306.11(g)(h), Food and Nutrition Services.

Adopted: 5/2015