

Wellness Advisory Committee
Wednesday, December 21, 2011 at 3:00pm
Middle School Conference Room

In attendance: R. Suprenant, K. Chambers, J. Burk, C. Hackett, J. Letarte, K. Bradshaw,

1. Review of Minutes from September 28, 2011

There were no questions regarding the September 28, 2011 minutes.

2. Update on Lyme Disease Prevention Curriculum

At the Middle School there hasn't been a big discussion on how to proceed with the curriculum. The High School will be introducing the subject in their Wellness classes after the break.

3. Update/Feedback on Healthier US Schools Challenge Program

It was the consensus of the Committee to move forward with the "Play 60" grant application, and hold off on the Healthier US Schools Challenge program given that the District does not meet all of the requirements at this point in time. The Committee will revisit the Healthier US Schools Challenge Program at a future date.

4. Building Committee Reports

Sage: Will be getting a wellness-related grant through the "Play 60" program due to the fact they incorporate wellness into each block of classes. The grant is anticipated to be around \$1K.

HP: The 3rd grade teachers are distributing materials on Lyme disease to the students as part of their wellness curriculum in the spring. They will be meeting again on January 4th to discuss the "Play 60" grant application.

MMS: Some of the staff has participated in Zumba and Tai Chi classes that have been offered after school. The students have participated on the annual Turkey Trot.

MHS: Jean-Guy distributed the high school's wellness goals list and reviewed the updates. They will be promoting tennis at the January 10th workshop – they will be receiving some free equipment to use for a tennis program.

5. Other

The next meeting will be set up for some time in mid-February.

The meeting was adjourned at 3:47 PM.